



Safari Packing List

January - April



Photo Credit: Mike Paredes

We recommend packing lightly!

**All safaris include daily laundry service*

Clothing, Footwear, & Accessories:

Please wear neutral colors and avoid wearing blacks and dark blues as they attract tsetse (biting) flies. Also, please avoid wearing white or bright colors as these colors may frighten wildlife. You may wear your darker color items for the dinners at the lodge if you like.

Suggested Clothing, Footwear, & Accessory Checklist:

*Please note that you do not need to pack every item on this list, this is just an overall comprehensive list of items you may want to bring with you.

*Please be sure to keep in mind the total 50 pound baggage weight limit on your in-country flights while you are packing (Total weight of ALL bags together)

- 4 t-shirts or short sleeved blouses
- 2 pairs of long pants or capris
- 2 pairs of shorts or skirts
- Rain jacket
- A bathing suit and coverup (chitenge, i.e. sarong)
- Lightweight pajamas or nightgown
- For women: Sports bra as the roads can be bumpy
- Lightweight long sleeve button down shirt for sun protection
- Hat with brim and/or a baseball cap
- 3 bandanas or buffs (multi functional tubular bandana) – has a range of uses, from keeping your hair off your face, the sun off your neck, the dust off your camera or even folded double as a cap. If you are feeling particularly hot, you can wet it and wear it as a kerchief around your neck for instant cooling.
- Workout/yoga clothes (if desired)
- 1 pair of closed toed shoes light hikers or sturdy tennis shoes (something with a thicker sole as you will be walking over brush and sticks)
- 5 pairs of socks
- Sturdy flip flops/sandals for around the pool
- Sunglasses
- 2 washcloths (if desired, the camps do not provide washcloths)
- A good shelf stable daily probiotic can help support your digestive system and immune system. Probiotic pearls (found at Whole Foods or similar) don't require refrigeration and are easy to pack.

Approximate Weather Expectations:

January through April in South Luangwa Valley is the famous Emerald Season. Plan to witness a green and lush South Luangwa environment. Daytime temperatures can reach a high of 89 degrees, while warm nights average 68 degrees.

Expect heavy intermittent rains in January to a small rainfall in April. The average precipitation for each month is:

- January 10"
- February 7"
- March 4"
- April ½"

Toiletries & Medications:

Shampoo and soap are provided at all of your lodges. A first aid kit is also held at all lodges.

***Please be sure to pack all necessary medical supplies in your carry-on should a luggage emergency arise**

Suggested Toiletries & Medications

- Sunscreen
- 2 tubes of Lip balm
- A small first aid bag that includes band aids, aspirin, anti itch cream, neosporin, antidiarrheal pills, a few electrolyte replacement packets, saline nasal spray and moisturizing eye drops.
- Mosquito (bug) repellent
- Prescription medicines in original containers with labels
- Small nail clippers/emery board/small tweezers
- Hair conditioner if needed

*TSA has a 3.4 ounce rule for liquids. Remember to put these liquids in a single quart size ziplock bag.

Do not bring Benadryl as the active ingredient, diphenhydramine, is illegal in Zambia.

Electronics:

- Headlamp/small flashlight
- UK 3 prong plug adaptor
 - [We recommend this one](#)
- Camera, charger and any other photography equipment you may want to bring

Optional Items:

- Binoculars (We suggest Nikon Monarchs 8x42. Swarovski, Bushnell, and Pentax are other good options)
- Camera and battery charger
- Extra cf/sd card and extra batteries.
- Phone/computer/tablet chargers
- Lens wipes
- Compression socks for long flights
- A featherweight rubber air blower for your camera/electronics to get rid of dust and grit that may clog up the workings.
- Travel size roll of duct tape (Fixes broken luggage in a pinch)
- TSA approved locks for luggage
- Various sizes of ziploc bags
- A small journal or diary and a few pens/pencils
- Book(s) or a kindle
- Lightweight carry bag for souvenirs
- A small backpack or bag to bring in the safari vehicle
- A refillable water bottle (Water at the Bushcamps is provided from deep boreholes which is perfectly safe to drink)
- Address labels to label your binoculars, cameras etc. and other electronics or belongings

Airline Luggage Regulations

Since airline rules and regulations are constantly changing, please visit the following websites to find the most current regulations.

*Please make sure your information is up to date

[Proflight: Baggage Allowances](#)

[Emirates Airline: Baggage Allowances](#)

[Ethiopian Airlines: Baggage Allowances](#)

[South African Airways: Baggage Allowances](#)