



**Safari Packing List**  
May - August



May is the beginning of dry season in South Luangwa Valley. The national park starts off green and lush, but as the season progresses, the valley begins to dry. Daytime temperatures can reach a high of 82 degrees, while chilly nights average 52 degrees.

## **We recommend packing lightly!**

*All our safaris include daily laundry service*

### **Clothing, Footwear, & Accessories**

**Please wear neutral colors** and avoid wearing blacks and dark blues as they attract tsetse (biting) flies. Also, please avoid wearing white or bright colors as these colors may frighten wildlife.

#### **Suggested Clothing, Footwear, & Accessory Checklist**

- 2 t-shirts/short sleeved blouses
- 3 long sleeve shirts
- 3 pairs of long pants or capris
- Light Jacket
- Warm hat and light gloves
- A fleece
- A bathing suit and coverup (chitange, i.e. sarong)
- Warm pajamas
- Shorts or a skirt
- Sports bra as the roads can be bumpy
- Lightweight long sleeve button down shirt for sun protection
- Hat with brim and/or a baseball cap to shade sun
- Warm hat and gloves
- 3 bandanas or buffs (multifunctional tubular bandana) – has a range of uses, from keeping your hair off your face, the sun off your neck, the dust off your camera or even folded double as a cap.
- Workout/yoga clothes (if desired)
- 1 pair of closed toed shoes light hikers or sturdy tennis shoes
- 5 pairs of socks
- Sturdy flip flops/sandals
- Sunglasses
- 2 washcloths (if desired)
- Slippers for cool mornings

\*A chitenge i.e sarong (or large lightweight scarf) is a great multi use garment to bring as it can be used as a cover up at the pool, for sun protection or rolled up and used as a neck pillow or wrap on the airplane.

## Toiletries & Medications

Shampoo and soap are provided at all of your lodges. A first aid kit is also held at all lodges.

### Suggested Toiletries & Medications

- Sunscreen
- 2 tubes of Lip balm
- A small first aid bag that includes band aids, aspirin, anti itch cream, neosporin, antidiarrheal pills, a few electrolyte replacement packets, saline nasal spray and moisturizing eye drops.
- Mosquito repellent
- Prescription medicines in original containers with labels
- Small nail clippers/emery board/small tweezers
- Hair conditioner if needed

\*TSA has a 3.4 ounce rule for liquids. Remember to put these liquids in a single quart size ziplock bag.

**Do not bring Benadryl as the active ingredient, diphenhydramine, is illegal in Zambia.**

## Electronics

- Headlamp/small flashlight
- UK 3 prong plug adaptor

## Optional Items

- Binoculars (We suggest Nikon Monarchs 8x42. Swarovski, Bushnell, and Pentax are other good options)
- Camera and battery charger
- Extra cf/sd card and extra batteries.
- Phone/computer/tablet chargers
- Lens wipes
- Compression socks for long flights
- A featherweight rubber air blower for your camera/electronics to get rid of dust and grit that may clog up the workings.
- Travel size roll of duct tape
- TSA approved locks for luggage
- Various sizes of ziploc bags
- A small journal or diary and a few pens/pencils
- Book(s) or a kindle

- Lightweight carry bag for souvenirs
- A small backpack or bag to bring in the safari vehicle
- A refillable water bottle (Water at the Bushcamps is provided from deep boreholes which is perfectly safe to drink)
- Address labels to label your binoculars, cameras etc. and other electronics or belongings
- A good shelf stable daily probiotic can help support your digestive system and immune system. Probiotic pearls (found at Whole Foods or similar) don't require refrigeration and are easy to pack.

## Airline Luggage Regulations

Since airline rules and regulations are constantly changing, please visit the following websites to find the most current regulations.

\*Please make sure your information is up to date

[Proflight: Baggage Allowances](#)

[Emirates Airline: Baggage Allowances](#)

[Ethiopian Airlines: Baggage Allowances](#)

[South African Airways: Baggage Allowances](#)